Junior Program Descriptions

**After School Program**- The After School program is open to kids up to the sixth grade. Using the USTA Quick Start method, the kids will develop their game through fun, level-appropriate games and drills.

**ATP Program** - The Advanced Training Program is tailored for intermediate and advanced level junior players currently competing in tournament play. Players must be evaluated by our Senior Staff Professional, Tony Harley in order to participate.

**Tiny Tots** – The Tiny Tots class is open to ages 3-8. Kids will be introduced to the basics of the game by learning hand-eye coordination and how to move to the ball.

**Future Stars**- This class is open to ages 8-11. The kids will continue to develop their strokes and will work on improving their consistency by rallying over the net. They will learn the tennis game format and how to keep score in a game.

**Stars** – Open to ages 11- 14, this clinic prepares players to enter into our Advanced Training Program. The kids will master the basic tennis strokes and begin to understand basic strategies in singles and doubles point play situations.

**Tournament Training** - This clinic prepares intermediate and advanced level juniors for tournament play by building and strengthening certain areas of their game. Each session will incorporate drilling and points, along with strength and conditioning training.